

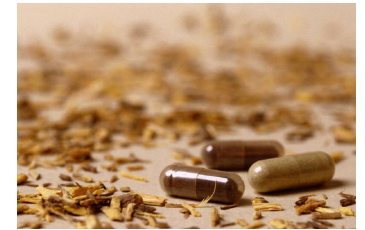
## Calmlin

Based on many years of research, PGL International has made important progress in novel health-care for the management of stress symptoms, such as anxiety. It has developed a new “Calmlin” formula of Chinese herbs which provides significant benefits over current options:

- Herbs are selected from traditional Chinese medicines found to be safe through centuries of usage
- Novel and effective anti-stress formula
- Devoid of common side effects such as muscle weakness

### A herbal formula for stress relief!

ANXIETY DISORDERS are the most common psychiatric condition including generalized anxiety disorder, panic disorder, phobias, obsessive-compulsive disorder and post-traumatic stress disorder. Anxiety disorders may result in increased risk for suicide, and individuals with untreated anxiety are at risk for severe depression as well as alcohol and drug addiction. Scientific studies suggest that anxiety disorders may be caused by a combination of psychological, physical, and genetic conditions, including an imbalance of neurotransmitters in the brain, chemical hypersensitivity and genetic factors.



### Calmlin has the following ingredients:

- *Radix Bupleuri* (Chai Hu)  
Relieves the exterior syndromes; removes heat; soothes the liver; enhances yang.
- *Rhizoma Corydalis* (Yan Hu Suo)  
Acts on the channels of the liver and the stomach; promotes blood circulation and flow of the *qi* to stop pain.
- *Flos Albiziae* (He Huan Hua)  
Regulates flow of *qi* and alleviates mental depression; nourishes the heart and calms the mind; relieves pain by regulating the collaterals.
- *Caulis Polygoni Multiflori* (Ye Jiao Teng)  
Nourishes the heart and calms the mind; expels pathogenic wind; activates collateral flow.

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# Calmlin Product Summary